

YOU ARE ENOUGH

WAS THERE EVERY ANY DOUBT?

  @GOODHUMANEXPERIMENT

#GOODHUMANEXPERIMENT 

HEY YOU!

YOU'RE PRETTY AWESOME.

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#GOODHUMANEXPERIMENT 

FALL 7 TIMES. STAND UP 8.

YOU CAN DO IT!

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#GOODHUMANEXPERIMENT 

TRUST.

YOU ARE EXACTLY
WHERE YOU NEED
TO BE RIGHT NOW

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YOU ARE LOVED

LIKE, A LOT.

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#GOODHUMANEXPERIMENT 

BE KINDER TO YOURSELF.

AND THEN LET YOUR KINDNESS FLOOD THE WORLD.

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YOU ARE BETTER THAN UNICORNS AND SPARKLES COMBINED.

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STOP WORRYING IT'S GOING TO HAPPEN AND START BELIEVING THAT IT WILL.

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"START WHERE YOU ARE. USE WHAT YOU HAVE. DO WHAT YOU CAN."

-ARTHUR ASHE

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#GOODHUMANEXPERIMENT 

TO WHOEVER READS THIS, I HOPE SOMETHING GOOD HAPPENS TO YOU TODAY.

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#GOODHUMANEXPERIMENT 

FILL OUT YOUR OWN ENCOURAGEMENT CARDS:

PRINT THESE OUT ON 8.5x11 PAPER. CUT ALONG THE DOTTED LINE. LEAVE THEM ON WINDSHIELDS. PASS THEM OUT TO STRANGERS ON THE BUS. LEAVE THEM ON DESKS OR LOCKERS AT SCHOOL, ETC.

****FUN TIP:** PUT 2 IN AN ENVELOPE. ON THE ENVELOPE WRITE: TAKE ONE FOR YOURSELF & GIVE ONE AWAY. LEAVE THEM FOR UNSUSPECTING STRANGERS TO FIND.

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